

Means of communication at the time of disaster. 【Disaster message dial 171】

- Record message 171+1+phone no.of the victim.
You can leave a message for 30 seconds (stored for 48 hours)
- message playback 171+2+phone no.of the victim.



Seismic intensity table

strong tremor or earthquake.



Earthquake early warning

An emergency earthquake bulletin is an info. on T.V. or smart phone that predicts the arrival time and seismic intensity of strong shake at various places immediately after the occurrence of an earthquake and informs as quickly as possible.



HINANJUNBI, KOUREISHA HINANKAISHI Evacuate preparation for the elderly started.

Let the supporters evacuate first the people who need time to evacuate (elderly people, disabled people, infants, etc..)

HINAN KANKOKU Evacuation advisory

Let's evacuate to the evacuation center promptly. If you are in danger by going out, let' evacuate to a safe place nearby or to a safer place in your home.

HINAN SHIJI (KINKTU) Evacuation intructions (emergency)

People who have not yet evacuated should evacuate to the evacuation areas urgently. If you are in danger by going out, let's evacuate to a safe place in your home.

When a major disaster occurs, police and firefighters are both busy and people's cooperation is important.. Let's participate in regional activities, such as participating from greeting with neighbors on a daily basis.



This leaflet was created by Aichi prefecture consignment project.

Disaster prevention for family with children



For parents who do not know what to do if an earthquake occurs. Let's be prepared to protect our children.



Aspects of Mirai Jr.activities



NPO MIRAI

fb.me/mirai.chiryu

Multicultural parent-child support project, Mirai Jr.

MIRAI Jr. is a cheerful salon for gathering of parents with children ages 0 to 6 years old.

OMG! Earthquake!! What would you do then?

First, let's calm down, when parents panic, children may feel further anxiety and fear. Inform the child that there is "earthquake" calm down and move to a safe place(a place where there are no dangerous things such as furniture and lighting. Go under a strong desk etc. .and protect your head from falling objects. Do not hold the baby normally, let's hug them to protect their head.

**If parents are safe, you can help your child immediately.
Let's protect our own life.**



"Dung Beetle Pose" to protect our lives

Point!

3years and older,
"dung beetle"
posture.



Point!

Let's protect
children with
this posture!

Small children up to 2yrs.old,
protect the buttocks

There is a danger of getting injured by glass or fence if you escape out in a hurry, the old buildings (a house build before 1981) may not be able to endure the earthquake shaking. Escape outside or if you are in the upper floor, you better not go down to the lower floor.

What you can do now, if ever it happens.

◆ Let's keep things away from high places in the house.

There is a danger of getting injured by glass or fence if you escape out in a hurry, the old buildings (a house build before 1981) may not be able to endure the earthquake shaking. Escape outside or if you are the upper floor, you better not go down to the lower floor.

◆ Let's fix the furniture so that it will not collapse.

Convenient goods that can be used in a rental apartments, such as furniture fixing sheets are sold at home centers and 100 yen shops.

◆ Let's prepare a disaster pack.

The weight that you can carry is limited so let's bring only the important things we need.

(ex:)drinking water, emergency food, flashlight, helmet, radio, work gloves, mask, towel, clothes(for summer and winter)underwear, socks, toothbrush, toiletres, toilet paper, sanitary items, wrap, knife, tissue, mobile phone charger, vinyl sheet, plastic bag, money, seal, copy of health insurance card, emergency contact card, medicine, medication notebook, writing instrument, family photo(to be use when searching for family)etc..



If the shaking subsides,

Let's evacuate to the evacuation center with the disaster prevention pack.

Evacuation place

a place to evacuate immediately
when a disaster occurs
(in case in Chiryu city..park etc..)



Evacuation center

a space to spend when you
cannot stay at home
(school gym, etc..)



- When going to the evacuation centers, let's drop the breaker at home and stop the main gas plug to prevent a secondary disaster.
 - Do not go on a (baby) stroller. Hug your child with the moby wrap.
 - Hold also the child who can walk and let the child wear the shoes on.
 - **Let's check our own evacuation center in the area.**
 - **Let's decide where the family will meet in case the disaster occurs.**
- It is good to decide properly the place and time. (ex: west entrance of school gym at 10)



If an earthquake occurs, do I have to go to the evacuation center?

If your home is safe, you do not necessarily have to go to the evacuation center. Also, it is dangerous to go out, let's evacuate to a safer place inside your home.

Things to be prepared by parents with small children.

- diaper, baby wipes, child clothes, gauze, baby soap.
- baby food(especially for those who have allergies!)
- baby bottle, milk powder (*mom may also suffer breast milk from stress)
- toothbrush
- your child favorite toys, sweets.
- medicine for allergies, asthma etc. .nail cutter, maternal and child handbook.
- Let the child have a contact card and personal card with the name on it if stranded.



- ☆ Not only adults but also children get stressed at the evacuation centers, You can bring your child favorite toys and sweets.
- ☆ Children's grow so fast. Let's check the content of the disaster prevention pack once every 6 months.
- ☆ Considering that you cannot go to the evacuation center, let's prepare an emergency food for about 7 days.
- ☆ If you place a whistle under the pillow, you can call for help during emergency while underlying in the house or furniture.