

# Food adventure in Mikawa Bay! A warm area rich in both marine and agricultural products.

**Eat, experience, and buy souvenirs during the tour!**



 **Aji no Yamasui**



151 Minato-cho, Katahara-cho, Gamagori City  
Have a tour in the rare fishing port of Gamagori where delicious, fatty deep-sea fish are caught. Taste delicious seafood while learning about the fishing port and the types of fishes caught.

 **Michinoeki Tahara Mekkun House (Rest area)**

5-74 Higashi Akaishi, Tahara City  
Get a chance to see how the locally-produced vegetable dressing is made. Buy local agricultural food as souvenir.



Eat fresh seafood!

 **Atsumi Peninsula Tomato Land**

Nakayama-cho, Tahara City \*Please inquire for details.  
Experience harvesting and eating freshly picked mini-tomatoes at a farm near the tip of Atsumi Peninsula.



December to April



Rape blossom fields in winter!  
Sunflower fields in summer!

 **Atsumi Doronko Village**

21-1 Nishisunahata, Ebima-cho, Tahara City  
Experience harvesting vegetables from the field, preparing pig feed, and feeding hens and goats.  
Eat cake or sausage for free!



Delicious melons, tomatoes, and other agricultural products  
Mexicali, giant clams, and other seafood as souvenirs



## Blessings of Nature A Tour of Mikawa Bay

\*Please note that the activities may change depending on staff availability, weather condition, and season.

# Experience diverse local industries!

A tour to enjoy local agricultural experience and products, hot springs, and craft beer in Nagakute and Okusa areas where satoyama landscape (traditional rural landscape) can still be found.

Visit Ghibli Park, an area where sceneries in Studio Ghibli movies were recreated.



Take the N-pass or Meitetsu bus from Fujigaoka Station and get off at Fukushi no le Station.



## Nagakute shoku to no hiroba Agurin-mura and Nagakute Onsen Gozarase

134 Maeguma Shimoda, Nagakute City

Buy agricultural products, flowers, bread, and sake made from local rice. Enjoy a hot spring resort.



## Tsumugite Limited Liability Partnership

Nagakute City Irinohora area

Experience rural life by season with clothing, food, and housing. Enjoy eating Nagashi-somen (floating somen noodles), indigo dyeing, miso making and preparing medicinal meals.

\* Scan QR code for inquiry.



## Totopia Brewery

795-1 Nagakute-shi Irigane

Nagakute's first craft beer brewery. Compare three kinds of craft beer.



Take the N-pass or Meitetsu bus from Koen Nishi Station to return to Fujigaoka Station.

# Food adventure: A Taste Local Agricultural Food in Aichi

Ideal for a drive.

The Higashimikawa region is known as "Ho-no-kuni" (The Land of Rice panicles) and is rich with mountains, rivers, and the sea. It also has unique food culture for each season. Enjoy Higashimikawa region's history, tradition, and hospitality.



## Gamagori Seafood Market

47-1 Asaoka, Hiroishi-cho, Gamagori City  
 Visitors can experience cooking and eating the world's largest crab, the spider crab (Takaashi gani). Eat giant clams, a local specialty. Choose from a wide variety of seafood souvenirs.



Spider crabs (Takaashi gani)



Giant clams



## Nonhoi Ichigo-en Toyohashi (Strawberry Farm)

126 Umeda, Tenpaku-cho, Toyohashi City  
 Experience an all-you-can eat strawberry picking. Learn about strawberries and other agricultural products directly from the owner.



Strawberry picking



## Michinoeki Toyohashi (rest area)

113-2 Ichinosawa, Higashinanane-cho, Toyohashi City  
 One of the largest rest areas in Aichi Prefecture. Buy local products as souvenirs and enjoy local food such as Toyohashi curry udon noodles.



Toyokawa curry udon noodles



Fresh vegetables at the produce stand



## Yasai no Chikara Tomosan Noen (Farm)

8.8-1.10 Jiroe batake, Sakute Kiyooka, Shinshiro City  
 Experience making miso, a traditional Japanese seasoning, and take it home as a souvenir.

\*Activities may vary depending on the season.

- Making rice balls
- Making tofu
- Making gohei-mochi (rice cakes)
- Exploring the mountain forests
- And other activities

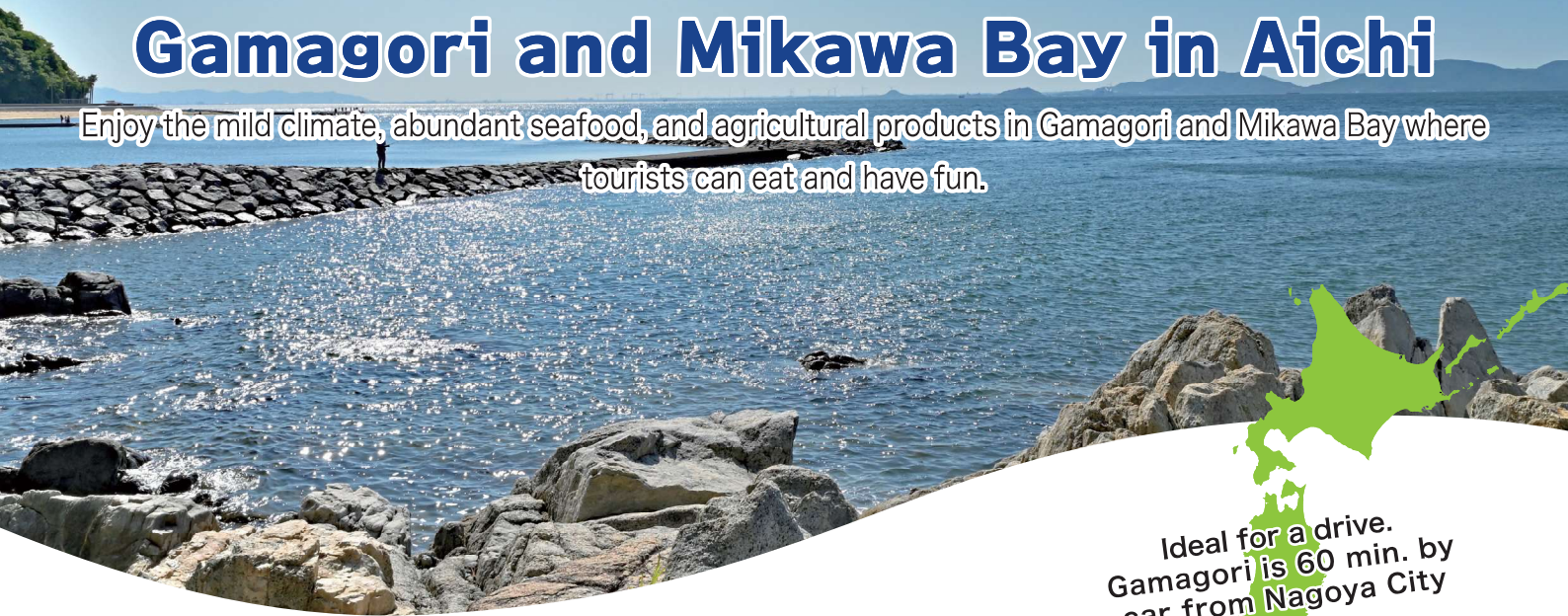


Experience making miso



# Enjoy the diverse food and nature of Gamagori and Mikawa Bay in Aichi

Enjoy the mild climate, abundant seafood, and agricultural products in Gamagori and Mikawa Bay where tourists can eat and have fun.



Ideal for a drive.  
Gamagori is 60 min. by car from Nagoya City



## Gamagori Orange Park

1-93 Ogurimi, Seida-cho, Gamagori City

Enjoy an all-you-can-eat fruit picking throughout the year!

January-May: Strawberry picking

May-September: Melon picking

June-September: Grapes picking

Oct-Dec: Mandarin orange picking



## Gamagori Seafood Market

47-1 Asaoka, Hiroishi-cho, Gamagori

Experience cooking and eating the world's largest crab (Taka-Ashigani) and octopus.

Eat giant clams, a local specialty.

Choose from a wide variety of seafood souvenirs.



## Office Tatsumimaru

\*Please contact us for more details.

Marvel at the sight of fishermen's boat from a distance.

Learn about the fishing equipment used by the locals.

Get a chance to watch fishermen catching fish.

Experience boat fishing. (Fishing rod will be provided.)



# A road trip at an elevation of 1,000 meters Enjoy the local industries in Aichi

Experience the local food, nature,  
and culture, and buy souvenirs!  
Enjoy hot springs on the way home!

Gohei-mochi



Ideal for a drive.



## Agristation Nagura (Rest area)

32 Nishinagura Morita, Shitara-cyo, Kitashitara-gun  
Enjoy the local food and culture such as buying fresh  
vegetables, Gohei-mochi rice cakes, and grilled  
freshwater sweetfish.  
Marvel at the majestic rows of cherry trees in spring.



## Noen (Farm) Restaurant & BBQ Banjaru Komagahara

99-1 Nishinagura Komagahara, Shitara-cyo, Kitashitara-gun  
Taste savory BBQ and steaks.  
Buy beef, processed meat products, and vegetables as souvenirs.



## Asoberu Hanaya (Flower Farm and Park)

295 Nishinagura Komagahara, Shitara-cho, Kita-shitara-gun  
Get a chance to see rare flowers, plants, and trees which can only  
be found in the highlands (900 m).  
Try blueberry-picking and relax at a café.  
Playground where children can have fun.  
Flowers and gardening supplies are available for purchase.



## Acorn Village Inabu (Rest area)

22-1 Haribara, Busetsu-machi, Toyota City  
Buy local specialties and enjoy a hot spring bath.  
Enjoy the rich and beautiful scenery of Oidaira Park (15-minute  
walk from the rest area).



**Best time to  
visit: May - August**

# One-day trip to learn about Japanese winter food and architecture.

## Take a walk with a farmer in the rural area of Nagoya and experience the suburb culture in Japan!

### Inquiry and reservations

10,000yen(All-in) (As of January 1, 2023)

Minimum 6 persons

Wednesdays only (Except New Year holidays)

Nagoya Minato Farm

e-mail:banno@minatonouen.com

instagram:@minatonouen

**Book Now!**  
(Jan-Feb)



10-min. walk from Nanyo Kotsu Hiroba or Kawazono bus stop via Nagoya City Bus.

### Nagoya Minato Firm

5-30 Fujitaka, Minato-ku, Nagoya City

Enjoy a hot miso soup (made with the vegetables from the farm) while taking a walk in the farm. Learn about the Japanese vegetables and food culture.



### Okina Udon noodle shop and sweets shop

2-1716 Shinchaya, Minato-ku, Nagoya City

Choose among these activities:

Making Dashi (A Japanese soup stock which is an essential ingredient in Japanese cuisine.);

Cooking demonstration on how to make simple Japanese home-style dishes using freshly picked daikon radish from the farm. (A meal is provided with the dishes from the cooking demonstration.);

Making Gohei-mochi (A kind of Japanese rice cake.)

Tea tasting (5 types of Japanese tea);

Making Japanese sweets (which can be taken home as souvenirs).



### Anan Shoten

3-1126 Shinchaya, Minato-ku, Nagoya City

A bamboo wholesaler for construction and garden decoration. The store was built using traditional Japanese techniques and the charm of integration of bamboo in Japanese architecture can be seen.

Get freebies! (Cutlery and other souvenirs made of bamboo.)

