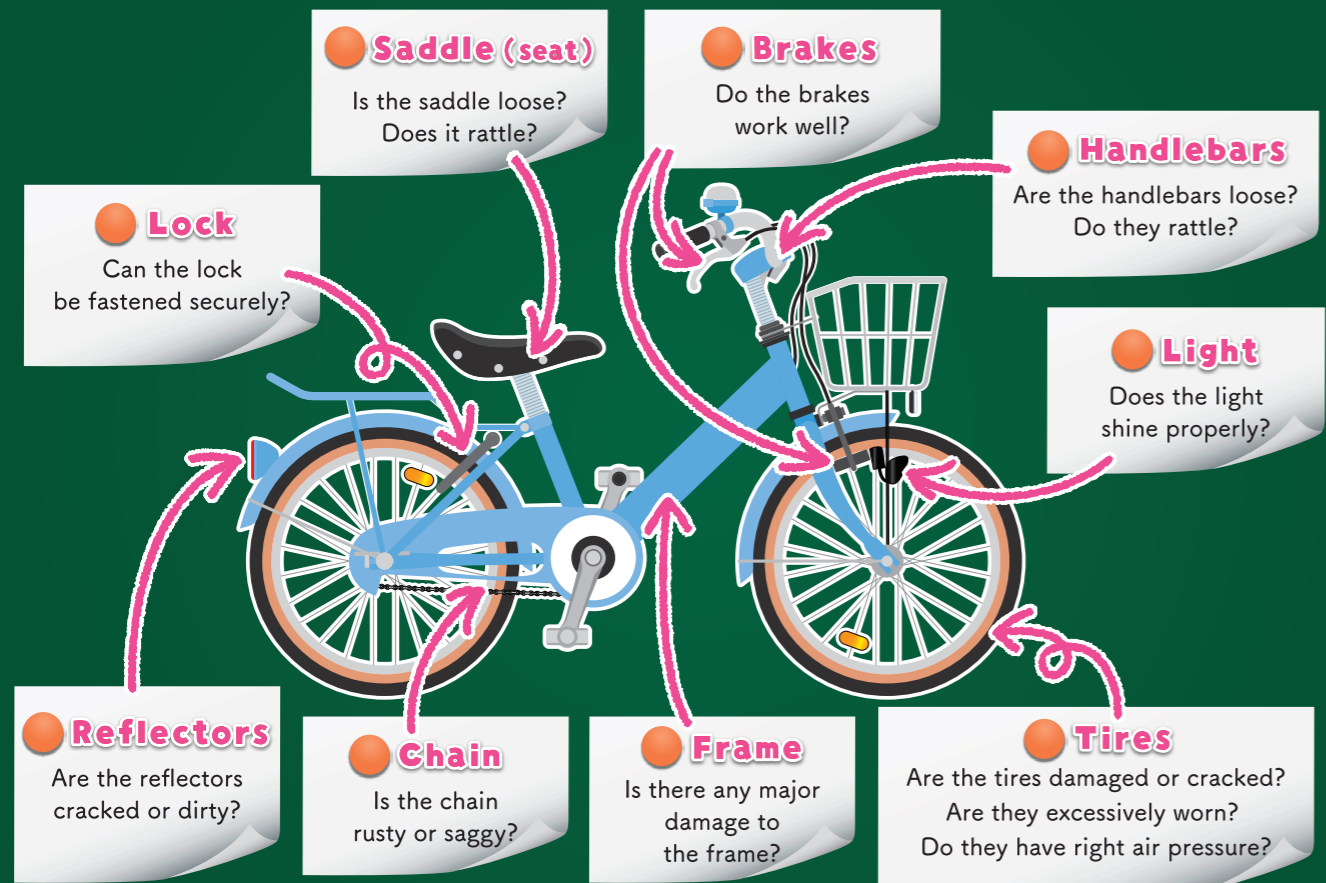


# Is your bicycle in good riding condition?

Check the following points before riding your bicycle.



Have this checked by an adult at home or at a bike shop.

# Let's ride our bicycles safely!



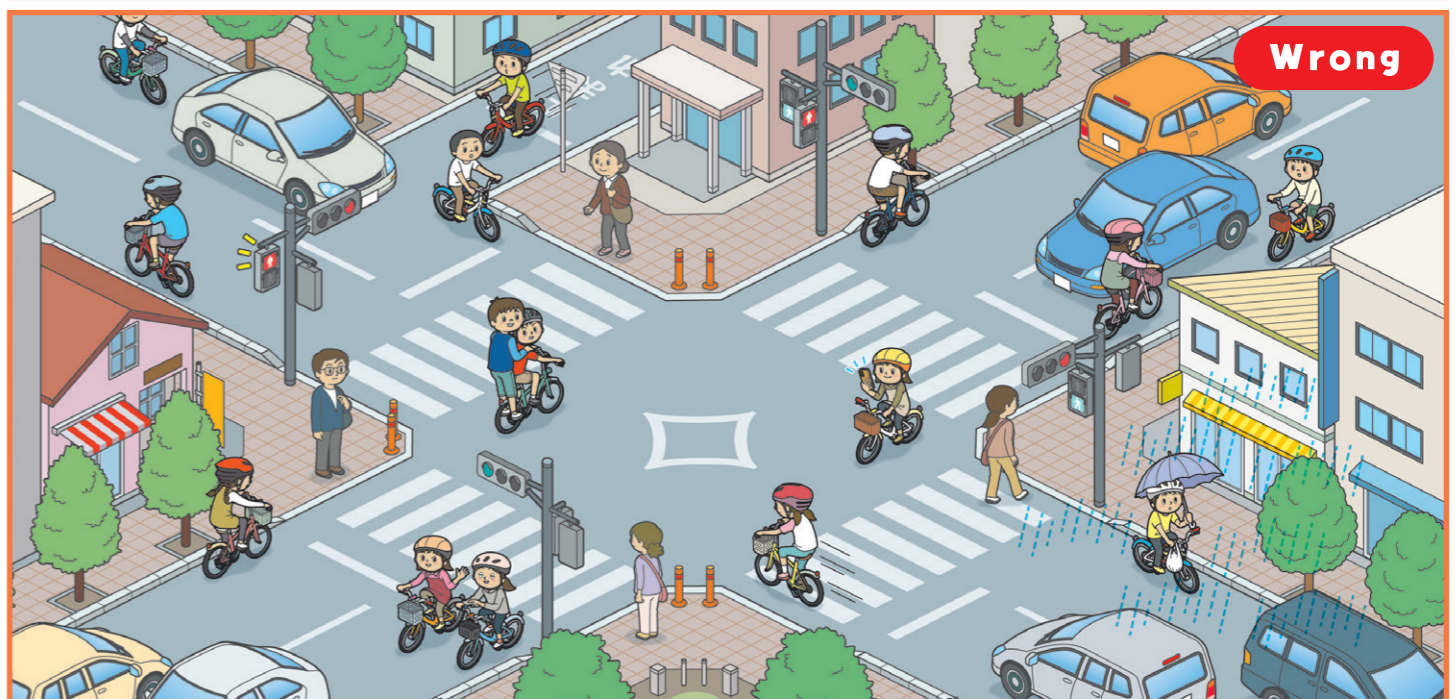
Remember what it was like riding a bicycle for the first time.

How to Ride Your Bicycle Safely and Properly

## Spot the Differences

Do you know the correct way to ride a bicycle?  
Find eight differences in the following pictures!

Answers are listed inside ▶



### To parents

**Duty of Effort**

Parents must always ensure that their children **wear helmets**.

**Obligations**

You must **have bicycle liability insurance**.

### Regarding subsidy for purchasing a helmet



A document (receipt, etc.) confirming that payment for a helmet has been completed is required to apply for a subsidy.\* Please contact the municipal government where you live for information on the subsidy system of each municipality.

\*The city of Toyohashi uses a subsidy system for sellers, so procedures are different.

### Precautions for bicycles with attached child seats

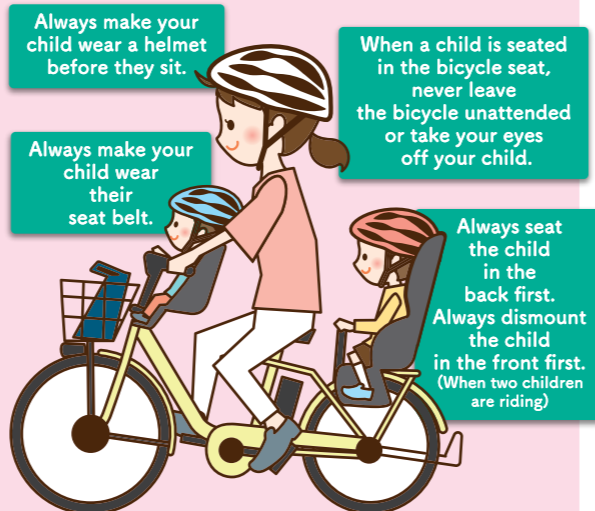
\*Can only be used by children who have not yet entered elementary school.

#### Be careful of falling over!

Attaching a child seat makes the bicycle body heavier, and children move around while riding. For these reasons, it is easy to fall over.

#### Accident prevention measures

- ① Always make your child wear a helmet.
- ② When stopped with a child seated in the bicycle seat, never leave the bicycle unattended or take your eyes off your child.
- ③ If two children are riding, always seat the child in the back first. This is because the rear of the bicycle is more stable. When dismounting, always dismount the child sitting in front first.



Excerpt from explanation by the Consumer Affairs Agency



Stop Slow Smart  
交通安全U-5運動



Aichi Prefectural Government

# Learn the correct way to ride your bicycle!

## Wear a helmet!



If you don't wear your helmet, you may be seriously hurt if you fall or have an accident. Both adults and children should wear a helmet.

## Never ride double on a bicycle!



It is dangerous for two people to ride on a bicycle designed for one rider because it's easy to lose your balance. Never ride double.

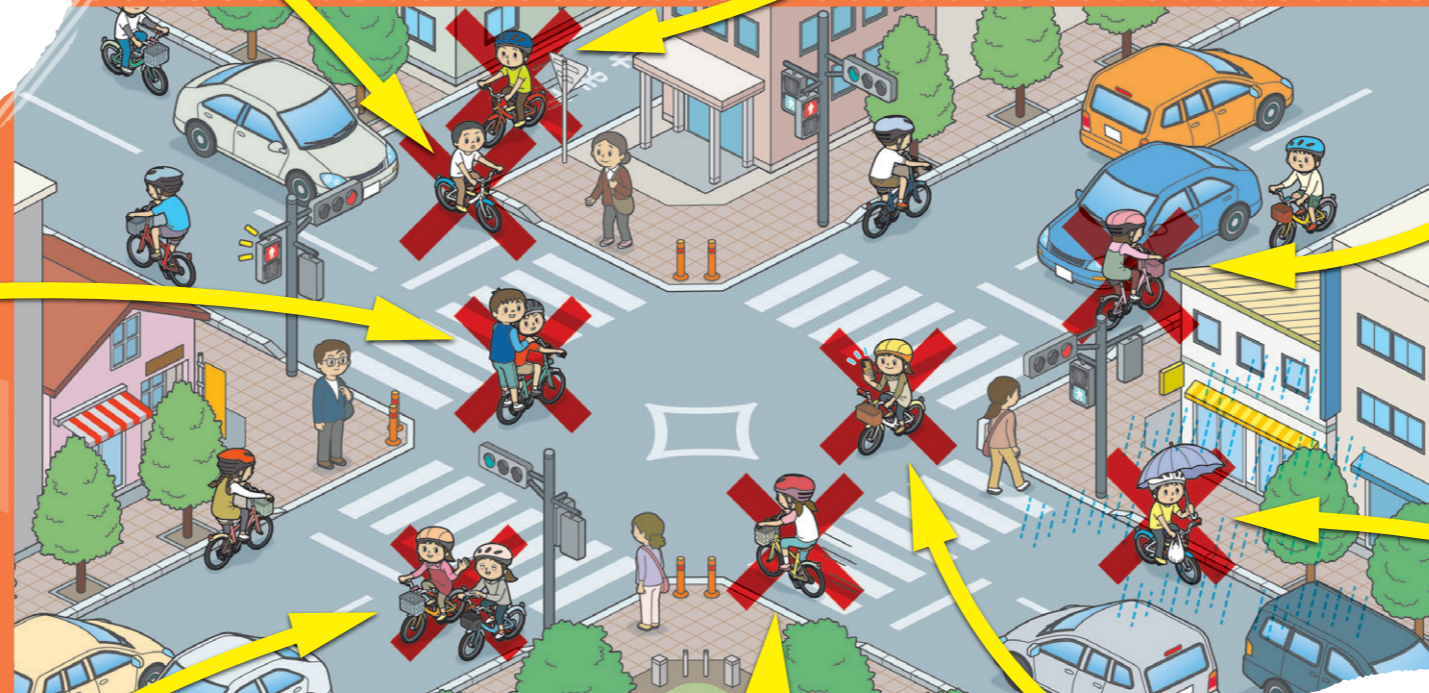
## Ride single-file!

Riding side-by-side is dangerous because one of the bicycles will be in the middle of the road. Ride single-file on the left side of the road.



## Always obey stop signs!

Stop at stop signs, look to the left and right, and be careful not to hit other bicycles or cars.



## Keep to the left!

Riding on the right side of the road is very dangerous, since drivers may have trouble seeing you. The rule for bicycles is the same as for automobiles: keep on the left side of the road.

## Wear a raincoat on rainy days!

Holding an umbrella, riding with one hand, or hanging something on the handlebars might cause you to lose your balance or prevent you from steering. Wear a raincoat instead.



## Obey all traffic signals!

If you ignore a traffic signal, you could crash into a car that is being driven properly or into another bicyclist. Always obey traffic lights and traffic rules.

\*As a general rule, ride on the road and obey the traffic lights for vehicles.

\*In an exceptional case, if you are riding on the sidewalk, follow the pedestrian crosswalk signals.

(Pedestrians have priority on sidewalks. When riding on the sidewalk, ride slowly and stay on the side nearest the road. Stop riding if appears you are interfering with pedestrians.)

\* At intersections with crosswalk signals for pedestrians or bicycles, follow the crosswalk signals and ride in the bicycle crossing zone.

## Never use a smartphone or earphones while riding!

Riding while doing other things will make you lose concentration and you won't recognize danger in time. Stayed focused when riding.

